POLYSOMNOGRAPHY TECHNOLOGY

Library Resources

January 2015
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### POLYSOMNOGRAPHY BOOKS, MAGAZINES AND VIDEOS ONLINE

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Print Books:

A Technologist’s Guide to Performing Sleep Studies / AASM. 
RC 547 .T35 2009

A Technologist’s Handbook for Understanding and Implementing the AASM Manual for the Scoring of Sleep and Associated Events / AASM. 
RC 547 .T34 2009

A Technologist’s Introduction to Sleep Disorders / AASM. 
RC 547 .T33 2010

RC 547 .I24 2007

AASM Standards and Guidelines for the Practice of Sleep Medicine / AASM. 
RC 547 .S75 2011


Atlas of Clinical Sleep Medicine / M. Kryger. 
RC 547 .A835 2010

RC 547 .A836 2000

Atlas of Infant Polysomnography / D. Crowell. 
RJ 506 .S55 .C76 2003

RC 547 .A836 2010

Atlas of Sleep Medicine / S. Chokroverty. 
RC 547 .C476 2005

RC 547 .A843 2011
Breathing Disorders in Sleep / W. McNicholas.  
RC 737.5 .B735 2002

Cardiovascular Disease and Sleep Apnea / Lippincott, Williams & Wilkins.  
RC 737.5 .L57 2010

Casebook of Sleep Medicine / American Academy of Sleep Medicine.  
RC 547 .C73 2008

Clinical Companion to Sleep Disorders Medicine / S. Chokroverty.  
RC 547 .C48 2000

Clinical Guide to Pediatric Sleep, 2nd ed. / J. Mindell.  
RJ 506.5 .S55 M54 2010

Clinical Sleep Disorders / R. Carney.  
RC 547 .C565 2005

RC 547 .D68 2002

Concise Guide to Evaluation and Management of Sleep Disorders / M. Reite.  
RC 547 .R45 2002

Concise Sleep Medicine Handbook : Essential Knowledge for the Boards & Beyond /  
RC 547 .W78 2011

Conditioned Arousal in Insomnia Patients / A. Cortoos.  
RC 548 .C67 2010

Drug Therapy and Sleep Disorders / J. Esherick.  
RC 547 .E835 2004

Encyclopedia of Sleep and Sleep Disorders / M. Thorpy.  
RC 547 .Y34 2001

Essential Readings in Sleep Medicine : Guidelines, Reviews, Controversies and Cases /  
RC 547 .E78 2009

Essentials of Polysomnography : Training Guide and Reference for Sleep Technicians /  
W. Spriggs.  
RC 547 .S676 2010

Essentials of Sleep Medicine : An Approach for Clinical Pulmonology / M. Badr.  
RC 547 .E87 2012
Essentials of Sleep Technology / R. Rosenberg.  
RC 547 .E77 2010

Focus on Sleep Medicine : A Self-Assessment / T. Lee-Chiong.  
RC 547 .L437 2010

Fundamentals of Sleep Medicine / R. Berry.  
RC 547 .B47 2012

Fundamentals of Sleep Technology / N. Butkov.  
RC 547 .F86 2007

Genetics of Sleep and Its Disorders [Sleep Medicine Clinics, v.6, no.2] / A. Pack.  
RC 547 .G57 2011

Handbook for Sleep Medicine Technologists / S. Lenik.  
RC 547 .L54 2009

Handbook of Sleep Medicine, 2nd ed. / A. Avidan.  
RC 547 .A86 2011

International Classification of Sleep Disorders : Diagnostic and Coding Manual / AASM.  
RC 547 .I58 2005

RC 547 .M33 2010

Natural Sleep Solutions for Insomnia / C. Adams.  
RC 547 .A35 2010

Obstructive Sleep Apnea : A Medical Dictionary, Bibliography, and Annotated Research Guide to Internet References / J. Parker.  
RC 737.5 .O27 2004

The Official Patient’s Sourcebook on Insomnia / J. Parker.  
RC 548 .O37 2004

The Official Patient’s Sourcebook on Restless Leg Syndrome / J. Parker.  
RC 548.5 .O37 2002

The Official Patient’s Sourcebook on Sleep Apnea / J. Parker.  
RC 737.5 .O37 2002

One Hundred Questions and Answers about Sleep and Sleep Disorders / Chokroverty.  
RC 547 .C483 2001
Sleep and Movement Disorders, 2nd ed. / S. Chokroverty.  
RC 547 .S518 2013

Sleep Deprivation : A Medical Dictionary, Bibliography, and Annotated Research Guide to Internet References / J. Parker.  
RC 548 .S56 2004

Sleep Disorders and Sleep Deprivation : An Unmet Public Health Problem / IOM.  
RC 547 .S554 2006

Sleep Disorders and Sleep Promotion in Nursing Practice / N. Redeker.  
RC 547 .S520 2011

Sleep Disorders : Diagnosis and Treatment / J. Poceta.  
RC 547 .S522 1998

Sleep Disorders for Dummies / M. Hirshkowitz.  
RC 547 .H576 2004

RC 547 .S534 2009

Sleep Medicine / T. Lee-Chiong Jr.  
RC 547 .S547 2002

RC 547 .S475 2005

Sleep Medicine Essentials / T. Lee-Chiong.  
RC 547 .S54737 2009

Sleep Medicine : Essentials and Review / T. Lee-Chiong.  
RC 547 .L44 2008

Sleep Medicine in Clinical Practice, 2nd ed. / M. Silber.  
RC 547 .S515 2010

Sleep Medicine : [Normal Sleep, Sleep Disorders & Sleep in Specialty Areas] / H. Smith.  
RC 547 .S5472 2008

Sleep Medicine Secrets / D. Stevens.  
RC 547 .S548 2004

Sleep, Memory and Learning [Sleep Medicine Clinics, v.6, no.1] / R. Stickgold.  
RC 547 .S550 2011
Sleep Research and Polysomnography / R. De Vecchia.
RC 547 .S565 2003

Symposium on Sleep Apnea / S. Thawley.
RC737.5 .S96 1985

Treating Sleep Disorders / M. Perlis.
RC 547 .T745 2003
POLYSOMNOGRAPHY TECHNOLOGY
CGTC Library Resources
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Print Magazines:

A2Zzz: Official Publication of the American Association of Sleep Technologists
No ISSN

Sleep Review: The Journal for Sleep Specialists
ISSN 1531-3034
Video/DVD Resources in Library:

How to Perform a Sleep Study (DVD)
How to Perform a Pediatric Sleep Study (DVD)
Human Body Series: Sleep
Insomnia (DVD)
Principles of Polysomnography Training Videos
The Sleep Famine: The Effects of Sleep Deprivation and Chronic Fatigue (DVD)
Sleeping Well (DVD)
POLYSOMNOGRAPHY TECHNOLOGY
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Online Magazine Subscriptions via **GALILEO**:

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<tr>
<td><strong>Behavioral Sleep Medicine</strong></td>
<td>EBSCOhost Psychology and Behavioral Sciences Collection</td>
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<tr>
<td>ISSN 1540-2002</td>
<td></td>
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<tr>
<td><strong>Journal of Sleep Research</strong></td>
<td>EBSCOhost Advanced Placement Source</td>
</tr>
<tr>
<td>ISSN 0962-1105</td>
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<tr>
<td><strong>Open Sleep Journal</strong></td>
<td>Directory of Open Access Journals &amp; EBSCOhost Academic Search Complete</td>
</tr>
<tr>
<td>ISSN 1874-6209</td>
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<tr>
<td><strong>Sleep and Biological Rhythms</strong></td>
<td>EBSCOhost Advanced Placement Source</td>
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<tr>
<td>ISSN 1446-9235</td>
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<tr>
<td><strong>Sleep and Breathing</strong></td>
<td>ProQuest Social Science Journals</td>
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<tr>
<td>ISSN 1520-9512</td>
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<tr>
<td><strong>Sleep and Hypnosis</strong></td>
<td>CINAHL with Full Text in EBSCOhost &amp; ProQuest Nursing &amp; Allied Health</td>
</tr>
<tr>
<td>ISSN 1302-1192</td>
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<tr>
<td><strong>Sleep Research Online</strong></td>
<td>Free E-Journals</td>
</tr>
<tr>
<td>ISSN 1096-214X</td>
<td><a href="http://www.sro.org">www.sro.org</a></td>
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**Online Consumer Health Reports via **GALILEO**:  

<table>
<thead>
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<th>Condition</th>
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<tr>
<td><strong>Insomnia</strong></td>
<td>EBSCOhost Health Source Consumer Accession # 25977839</td>
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<td><strong>Narcolepsy</strong></td>
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<td><strong>Restless Legs Syndrome</strong></td>
<td>EBSCOhost Health Source Consumer Accession # 20517095</td>
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<tr>
<td><strong>Sleep Apnea</strong></td>
<td>EBSCOhost Health Source Consumer Accession # 25977846</td>
</tr>
</tbody>
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EBooks from EBSCOhost:


The Official Patient’s Sourcebook on Sleep Apnea / J. Parker. Icon Group, 2002.


On Sleep and Sleeplessness / Aristotle. Alex Catalogue.


Regulation of Sleep and Circadian Rhythms / F. Turek. 

Sleep and Breathing in Children : A Developmental Approach / G. Loughlin. 
Marcel Dekker, 2000.

Sleep and Dreaming : Scientific Advances and Reconsiderations / E. Pace-Schott. 

Sleep and Sleep Disorders: A Neuropsychopharmacological Approach / M. Lader. 

Sleep Apnea : Implications in Cardiovascular and Cerebrovascular Disease / T. Bradley. 
Marcel Dekker, 2000.

Sleep As a State of Consciousness in Advaita Vedānta / A. Sharma. 

Sleep Disorders and Neurological Disease / A. Culebras. 
Marcel Dekker, 2000.

Sleep Disorders by the Cleveland Clinic / N. Foldvary-Schaefer. 
Oxford University Press. 2010.

Sleep Needs, Patterns, and Difficulties of Adolescents / M. Graham. 


Surgery for Sleep-Disordered Breathing / K. Hormann. 

Textbook of Anxiety Disorders, 2nd ed. / D. Stein. 

Woman's Guide to Sleep Disorders / M. Kryger. 
Online Videos via FILMS ON DEMAND:

To access FILMS ON DEMAND:

1. Go the CGTC Library Services website: www.centralgatech.edu/library

2. Select the FILMS ON DEMAND graphic

3a. Type a topic of interest in the “Search” box such as < sleep > and press enter

3b. Click on the “Collections” button at top to display a drop-down menu. When you click on a specific subject, the screen will display narrower topics of interest

4. Recommended Subject Headings for PSGT videos:
   - Psychology > Biological Psychology > Sleep & Biological Rhythms
   - Health & Medicine > various categories

*Off-Campus Users will be prompted for a GALILEO password after step “2.” above. To obtain the GALILEO Password:

1. Send an email to library@centralgatech.edu

2. In the email subject line put “GALILEO Password Request”

3. In the body of the email type your CGTC Student ID# and name and send

*Alternate, direct access to FILMS ON DEMAND from Off-Campus:

1. Go to: http://digital.films.com

2. Enter the following “User ID/Email” and “Password” info (in all lowercase letters) and then click the Login button:

   • User ID/Email: cgtc
   • Password: library
Polysomnography & Related Web Sites:

Advance for Sleep Medicine  
www.advanceforsleep.com

American Academy of Sleep Medicine (AASM)  
www.aasmnet.org

American Association of Sleep Technologists (AAST)  
www.aastweb.org

American Board of Sleep Medicine  
www.absm.org

American Sleep Association  
www.sleepassociation.org

American Sleep Apnea Association  
www.sleepapnea.org

Board of Registered Polysomnographic Technologists (BRPT)  
www.brpt.org

Georgia Association of Sleep Professionals  
http://gasleep.org

National Center on Sleep Disorders Research  
www.nhlbi.nih.gov/about/ncsdr

National Sleep Disorders Research Plan  

National Sleep Foundation  
www.sleepfoundation.org

Restless Legs Syndrome Foundation  
www.rls.org

Sleep Centers Accredited by the American Academy of Sleep Medicine  
www.sleepcenters.org
Sleep Disorders – National Library of Medicine

SleepEducation.com
www.sleepeducation.com

Sleep Research Society
www.sleepresearchsociety.org

Sleep Solutions (Online Videos about) Sleep Disorders
www.sleep-solutions.com/cons/cons_videos.htm

Southern Sleep Society
www.southernsleepsociety.org

World Sleep Federation : World Federation of Sleep Research & Sleep Medicine Societies
www.wfsrsms.org
Full Text Databases Online via GALILEO:
Part of the Database Offerings in GALILEO, Georgia’s Virtual Library

EBSCOhost full-text journal databases:
- Academic Search Complete
- Advanced Placement Source
- CINAHL with Full Text
- Consumer Health Complete
- Health Source : Nursing/Academic Edition
- MasterFILE Premier
- MEDLINE (Index and Abstracts)
- Psychology and Behavioral Sciences Collection
- Vocational and Career Collection

Merck Manual

ProQuest full-text journal databases:
- Career & Technical Education
- ProQuest Nursing & Allied Health Research Library

Full Text Databases Online via CGTC Library Services

Learning Express Library
Health Careers Practice Entrance Tests

FOR ASSISTANCE accessing any online database, eBook, online journal, or other resource please contact the CGTC Library at: library@centralgatech.edu.