



POLYSOMNOGRAPHIC TECHNICIAN

Resource List

August 2007

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CGTC Library Resources
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Print Books:

100 Questions and Answers about Sleep and Sleep Disorders / S. Chokroverty.
RC 547 .C483 2001

Atlas of Digital Polysomnography / J. Geyer.
RC 547 .A836 2000

An Atlas of Infant Polysomnography / D. Crowell.
RJ 506 .S55 .C76 2003

Breathing Disorders in Sleep / edited by W. McNicholas.
RC 737.5 .B735 2002

Clinical Companion to Sleep Disorders Medicine / S. Chokroverty.
RC 547 .C48 2000

Clinical Sleep Disorders / edited by R. Carney.
RC 547 .C565 2005

Clinicians' Guide to Sleep Medicine / N. Douglas.
RC 547 .D68 2002

Concise Guide to Evaluation and Management of Sleep Disorders / M. Reite.
RC 547 .R45 2002

Drug Therapy and Sleep Disorders / J. Esherick.
RC 547 .E835 2004

The Encyclopedia of Sleep and Sleep Disorders / M. Thorpy.
RC 547 .Y34 2001

Obstructive Sleep Apnea : A Medical Dictionary, Bibliography, and Annotated Research
Guide to Internet References / edited by J. Parker.
RC 737.5 .O27 2004

The Official Patient's Sourcebook on Insomnia / edited by J. Parker.
RC 548 .O37 2004

The Official Patient's Sourcebook on Restless Leg Syndrome / edited by J. Parker.
RC 548.5 .O37 2002

The Official Patient's Sourcebook on Sleep Apnea / edited by J. Parker.
RC 737.5 .O37 2002

Polysomnography I / edited by T. Lee-Chiong Jr.
RC 547 .P57 2005

Primer of Polysomnogram Interpretation / M. Pressman.
RC 547 .P74 2002

Principles and Practice of Sleep Medicine / edited by M. Kryger.
RC 547 .P75 2005

Principles of Polysomnography / W. Spriggs.
RC 547 .S677 2002

Restless Leg Syndrome : A Medical Dictionary, Bibliography, and Annotated Research Guide to Internet References / edited by J. Parker.
RC 548.5 .R78 2004

Review of Sleep Medicine / edited by T. Bowman.
RC 547 .R484 2003

Sleep Deprivation : A Medical Dictionary, Bibliography, and Annotated Research Guide to Internet References / edited by J. Parker.
RC 548 .S56 2004

Sleep Disorders : Diagnosis and Treatment / edited by J. Poceta.
RC 547 .S522 1998

Sleep Disorders for Dummies / M. Hirshkowitz.
RC 547 .H576 2004

Sleep Medicine / edited by T. Lee-Chiong Jr.
RC 547 .S547 2002

Sleep Medicine : A Guide to Sleep and Its Disorders / J. Shneerson.
RC 547 .S475 2005

Sleep Medicine Secrets / edited by D. Stevens.
RC 547 .S548 2004

Sleep Research and Polysomnography / edited by R. De Vecchia.
Ref RC 547 .S565 2003

Symposium on Sleep Apnea / edited by S. Thawley.
RC737.5 .S96 1985

Treating Sleep Disorders / edited by M. Perlis.
RC 547 .T745 2003

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Online Periodical Subscriptions via [GALILEO](#):

<u>Journal Title</u>	<u>GALILEO Database</u>
Behavioral Sleep Medicine ISSN 1540-2002	EBSCOhost Psychology and Behavioral Sciences Collection
Journal of Sleep Research ISSN 0962-1105	EBSCOHOST Advanced Placement Source
Sleep and Biological Rhythms ISSN 1446-9235	EBSCOHOST Advanced Placement Source
Sleep and Hypnosis ISSN 1302-1192	CINAHL with Full Text in EBSCOhost ProQuest Nursing & Allied Health
Sleep Research Online ISSN 1096-214X	Free E-Journals www.sro.org

Online Consumer Health Reports via [GALILEO](#):

Insomnia	EBSCOhost Health Source Consumer Accession # 25977839
Narcolepsy	EBSCOhost Health Source Consumer Accession # 25977843
Restless Legs Syndrome	EBSCOhost Health Source Consumer Accession # 20517095
Sleep Apnea	EBSCOhost Health Source Consumer Accession # 25977846

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Electronic Books (eBooks) via NetLibrary:

Ambien : A Medical Dictionary, Bibliography, and Annotated Research Guide to Internet References / J. Parker.
San Diego : Icon Group, 2003.

Anxiety Disorders (Sleep Aspects of Anxiety Disorders) / D. Nutt.
Malden, Mass. Blackwell Publishers, 2003.

Biological Signals Relevant to Sleep / R. Velluti.
New York : Karger, 2000.

Clinical Guide to Sleep Disorders in Children and Adolescents / G. Stores.
New York : Cambridge University Press, 2004.

Complete Idiot's Guide to Getting a Good Night's Sleep / M. Moore-Ede.
New York : Alpha Books, 1998.

Epidemiology of Sleep : Age, Gender, and Ethnicity / K. Lichstein.
Mahwah, NJ : Lawrence Erlbaum Associates, 2004.

Harvard Medical School Guide to a Good Night's Sleep / L. Epstein.
New York McGraw-Hill Professional, 2007.

Insomnia : Medical Dictionary, Bibliography, and Annotated Research Guide to Internet References / J. Parker.
San Diego, CA Icon Group International, Inc, 2004.

Let's Talk About When You Have Trouble Going to Sleep / S. Kent.
New York : Rosen Publishing Group, 2000.

Neurocircuitry and Neuroautonomic Disorders / F. Lechin.
New York : Karger, 2002.

Neuronal Substrates of Sleep and Epilepsy / M. Steriade.
Cambridge, New York Cambridge University Press, 2003.

The No-cry Sleep Solution: Gentle Ways to Help Your Baby Sleep Through the Night / E. Pantley.
Chicago McGraw-Hill Professional, 2002.

The Official Patient's Sourcebook on Sleep Apnea / J. Parker.
San Diego : Icon Group, 2002.

The Official Patient's Sourcebook on Restless Leg Syndrome / J. Parker.
San Diego, Calif. Icon Group International, Inc, 2002.

On Sleep and Sleeplessness / Aristotle.
Raleigh, N.C. Alex Catalogue.

Paradox of Sleep : The Story of Dreaming / M. Jouvet.
Cambridge, MA : MIT Press, 1999.

Pharmacotherapy in Chronic Obstructive Pulmonary Disease (Sleep-Related Breathing Disturbances in COPD) / B. Celli.
New York : Marcel Dekker, 2004.

Regulation of Sleep and Circadian Rhythms / F. Turek.
New York : Marcel Dekker, 1999.

Sleep and Breathing in Children : A Developmental Approach / G. Loughlin.
New York : Marcel Dekker, 2000.

Sleep and Dreaming : Scientific Advances and Reconsiderations / E. Pace-Schott.
New York : Cambridge university Press, 2003.

Sleep and Sleep Disorders: A Neuropsychopharmacological Approach / M. Lader.
New York, N.Y Landes Bioscience, Inc., 2006.

Sleep Apnea : Implications in Cardiovascular and Cerebrovascular Disease / T. Bradley.
New York : Marcel Dekker, 2000.

Sleep As a State of Consciousness in Advaita Vedānta / A. Sharma.
Albany State University of New York Press, 2004.

Sleep Disorders and Neurological Disease / A. Culebras.
New York : Marcel Dekker, 2000.

Sleep Needs, Patterns, and Difficulties of Adolescents / M. Graham.
Washington, DC : National Academies Press, 2000.

Surgery for Sleep-Disordered Breathing / K. Hormann.
New York : Springer Science, 2005.

Woman's Guide to Sleep Disorders / M. Kryger.
New York : McGraw-Hill, 2004.

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Video/DVD Resources:

MEDICAL & ALLIED HEALTH > ANATOMY AND PHYSIOLOGY

Human Body Series:

Sleep

Insomnia [on order September 2007]

Sleep Disorders : Sleeping Well [on order September 2007]

The Sleep Famine: The Effects of Sleep Deprivation and Chronic Fatigue
[on order September 2007]

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General Internet Web Resources:

Advance for Sleep Medicine
www.advanceforsleep.com

American Academy of Sleep Medicine (AASM)
www.assmnet.org

American Board of Sleep Medicine
www.absm.org

American Insomnia Association
www.americaninsomniaassociation.org

American Sleep Apnea Association
www.sleepapnea.org

Association for Polysomnographic Technologists (APT)
www.aptweb.org

Curriculum Outline for Association for Polysomnographic Technologists
www.aptweb.org/pdf/APT_PSG_Curriculum_Outline.pdf

Loughborough Sleep Research Centre
www.lboro.ac.uk/departments/hu/groups/sleep/

MedSleep Education Resources
www.aasmnet.org/MedSleep_Home.aspx
National Center on Sleep Disorders Research
www.nhlbi.nih.gov/about/ncsdr

National Sleep Disorders Research Plan
www.nhlbi.nih.gov/health/prof/sleep/res_plan/index.html

National Sleep Foundation
www.sleepfoundation.org

Sleep Centers Accredited by the American Academy of Sleep Medicine
www.sleepcenters.org

Sleep Disorders – National Library of Medicine
www.nlm.nih.gov/medlineplus/sleepdisorders.html

Sleep Disorders – OMNI Gateway
<http://omni.ac.uk/browse/mesh/D012893.html>

Sleep Disorders Basics at Healthology.com –with links to Online Videos
www.healthology.com/sleep-disorders/focusarea.htm

SleepEducation.com
www.sleepeducation.com

Sleep Research Society
www.sleepresearchsociety.org

Sleep Solutions (Online Videos about) Sleep Disorders
http://www.sleep-solutions.com/cons/cons_videos.htm

World Federation of Sleep Research & Sleep Medicine Societies
www.wfsrs.org

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Full Text Databases Online via GALILEO :
Part of the Database Offerings in [GALILEO](#), Georgia's Virtual Library

EBSCOhost full-text journal databases:

[Academic Search Copmplete](#)
[Advanced Placement Source](#)
[CINAHL with Full Text](#)
[Consumer Health Complete](#)
[Health Source : Nursing/Academic Edition](#)
[MasterFILE Premier](#)
[MEDLINE \(Index and Abstracts\)](#)
[Psychology and Behavioral Sciences Collection](#)
[Vocational and Career Collection](#)

LexisNexis Academic / Medical

Merck Manual

National Library of Medicine Gateway

ProQuest full-text journal databases:

[Career & Technical Education](#)
[ProQuest Nursing & Allied Health](#)
[Research Library](#)

Full Text Databases Online via CGTC Library Services

Learning Express Library

Health Careers Practice Entrance Tests